

Week 1 2023/24

Monday:

Jacket potato with tuna mayo - Fish

Jacket potato with baked beans – None

Coleslaw and cheese – Milk (Dairy), Egg

Apple crumble and custard – Milk (Dairy), Wheat (Gluten),

Tuesday:

Ham and pineapple pizza – Wheat (Gluten), Milk/Cheese (Dairy)

Mushroom, pepper and tomato pizza – Wheat (Gluten), Milk/Cheese (Dairy)

Diced potato - None

Lemon jelly – Contains gelatine

Wednesday:

Roast chicken with sage and onion stuffing and gravy – Wheat (Gluten), Egg, Milk (Dairy), Soya

Butternut and spinach lasagne – Barley, Wheat (Gluten), Soya, Milk (Dairy), Mustard, Cheese (Dairy),
Wheat

Strawberry cheesecake – Milk (Dairy), Double cream (Dairy), Gluten, Wheat, Soya,

Thursday:

“Hot dog” sausage in a roll – Wheat (Gluten), Sodium sulphate, Egg,

Beanburger (134187) in a bun – Milk, Egg, Wheat (Gluten),

Coleslaw - Egg

Friday:

Fish fingers with chips – Fish, Wheat (Gluten)

Veggie nuggets - Wheat (Gluten)

Chocolate chip cookie – Wheat (Gluten), Egg, Milk, Soya

Week 2

Monday:

Chicken and sweetcorn pasta bake – Celery, Wheat (Gluten), Milk

Veggie meatballs and pasta – Soya, Celery, Wheat (Gluten), Milk

Garlic bread – Wheat (Gluten), May contain Barley and sesame

Banana cake slice – Egg, Milk (Dairy), Wheat (Gluten)

Tuesday:

Pepperoni Pizza - Wheat (Gluten), Milk/Cheese (Dairy)

Margarita pizza - Wheat (Gluten), Milk/Cheese (Dairy)

Coleslaw - Egg

Orange jelly with mandarins – Gelatine

Wednesday:

Roast beef with Yorkshire pudding and gravy – Wheat (Gluten), Egg, Milk, Soya

Veggie shepherds pie – Barley, Egg, Soya, Milk, Butter (Dairy)

Raspberry mousse – Milk (Dairy)

Thursday:

Chicken Tikka Masala – Milk (Dairy)

Southern fried quorn escalope with bbq sauce – Wheat (Gluten), Milk, Soya, Barley, Celery,

Rice – None

Poppadums – None

Friday:

Fish fingers with chips – Fish, Wheat (Gluten)

Cheese and onion pasty – Wheat (Gluten), Milk, Egg

White chocolate cookie – Wheat (Gluten), Egg, Milk, Soya

Week 3

Monday:

Pasta and meatballs and tomato sauce – Wheat (Gluten), Soya, Barley, Egg, Milk (Dairy) Celery

Macaroni cheese – Milk (Dairy), Wheat (Gluten), Mustard, Cheese (Dairy)

Garlic bread - Wheat (Gluten), May contain Barley and sesame

Blueberry flapjack – Milk, Gluten (Oats)

Tuesday:

BBQ Chicken and sweetcorn pizza – Wheat (Gluten), Milk/Cheese (Dairy), Barley, Celery, Soya

Roasted vegetable pizza – Wheat (Gluten), Milk/Cheese (Dairy),

Raspberry Jelly – Gelatine

Wednesday:

Roast gammon with Yorkshire pudding and gravy – Wheat (Gluten) Egg, Milk (Dairy), Soya

Quorn sausage with Yorkshire pudding and gravy – Wheat (Gluten), Egg, Milk (Dairy), Soya

Chocolate muffin – Soya, Egg, Milk (Dairy), Wheat (Gluten)

Thursday:

Beef/Cheese burger - Milk, Egg, Wheat (Gluten), Celery,

Buttermilk Quorn burger - Milk, Egg, Wheat (Gluten),

Coleslaw – Egg

Friday:

Fish fingers with chips – Fish, Wheat (Gluten)

BBQ Vegetable fajita with chips – Cheese (Dairy), Wheat (Gluten), Barley, Celery, Soya

Oat and raisin cookie – Wheat (Gluten), Egg, Milk, Soya, Oat (Gluten)