

## CHELVESTON ROAD SCHOOL LUNCH MENU 2023-2024

### Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Jacket potato with tuna mayo	Ham and pineapple pizza	Roast chicken, sage and onion stuffing and gravy	Baked "Hot dog sausage" in a roll	Baked fish fingers or fish cakes
Vegetarian main	Jacket potato with baked beans	Mushroom, pepper and tomato pizza	Butternut, lentil and spinach lasagne	Bean burger in a bun	Vegetarian nuggets
Accompaniments	Coleslaw and cheese	Diced potato	Roast potatoes	Roasted potato wedges	Fries
Vegetables	Mixed salad	Carrot and yellow pepper sticks	Peas and broccoli	Sweetcorn and coleslaw	Baked beans and mushy peas
Dessert	Apple crumble and custard	Lemon jelly	Strawberry cheesecake	Red grape pot	Chocolate chip cookie

### Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Chicken and sweetcorn pasta bake	Pepperoni pizza	Roast beef, Yorkshire pudding and gravy	Chicken tikka masala	Baked fish fingers or fish cakes
Vegetarian main	Veggie meatballs with pasta and tomato sauce	Margarita pizza	Vegetarian shepherd's pie	Southern fried Quorn escalope with BBQ sauce	Cheese and onion pasty
Accompaniments	Garlic bread	Diced potato	Roast potatoes	Boiled rice	Fries
Vegetables	Roasted vegetables	Coleslaw	Roasted carrots and parsnips	Poppadums and sweetcorn	Baked beans and mushy peas
Dessert	Banana cake slice	Orange jelly and mandarins	Raspberry mousse	Melon pot	White chocolate cookie

### Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meatballs with pasta and tomato sauce	BBQ Chicken and sweetcorn pizza	Roast gammon, Yorkshire pudding and gravy	Beef/Cheeseburger	Baked fish fingers or fish cakes
Vegetarian main	Macaroni cheese	Roasted vegetable pizza	Quorn sausage, Yorkshire pudding and gravy	Buttermilk Quorn burger	BBQ vegetable fajita
Accompaniments	Garlic bread	Diced potato	Roast potatoes	Roasted potato wedges	Fries
Vegetables	Mixed salad	Cucumber and red pepper strips	Cauliflower cheese and green beans	Sweetcorn and coleslaw	Baked beans and mushy peas
Dessert	Blueberry flapjack slice	Raspberry jelly	Chocolate muffin	Pineapple pot	Oat and raisin cookie