

CHELVESTON ROAD LUNCH MENU 2022-2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Baked sausages with gravy	BBQ Chicken and sweetcorn pizza	Roast pork, Yorkshire pudding and gravy	Breaded chicken strips	Baked fish fingers or fish cakes
Vegetarian main	Quorn sausages with gravy	Mushroom, pepper and red onion pizza	Butternut, lentil and spinach lasagne	Bean burger in a bun	Vegetarian nuggets
Accompaniments	Mashed potato	Diced potato	Roast potatoes	Roasted potato wedges	Fries
Vegetables	Baked beans	Carrot and yellow pepper sticks	Cauliflower cheese and broccoli	Sweetcorn and coleslaw	Baked beans and mushy peas
Dessert	Ice cream sundae	Strawberry jelly	Raspberry cheesecake	Grape pot	Chocolate chip cookie

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Chicken pasta bake	Ham and pineapple pizza	Roast chicken, stuffing and gravy	Homemade sausage rolls	Baked fish fingers or fish cakes
Vegetarian main	Tomato, lentil and roasted pepper pasta bake	Margarita pizza	Vegetarian shepherd's pie	Jacket potato with cheese	BBQ vegetarian fajita
Accompaniments	Garlic bread	Diced potato	Roast potatoes	Mash potato	Fries
Vegetables	Roasted vegetables	Coleslaw	Roasted carrots and parsnips	Baked beans	Baked beans and mushy peas
Dessert	Lemon muffin	Orange jelly and mandarins	Strawberry mousse	Melon pot	White chocolate and raspberry cookie

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Spaghetti bolognaise	Pepperoni pizza	Roast gammon, Yorkshire pudding and gravy	Beef/Cheeseburger	Baked fish fingers or fish cakes
Vegetarian main	Macaroni cheese	Roasted vegetable pizza	Vegetable Kyiv, Yorkshire pudding and gravy	Vegetarian burger	Cheese and onion pasty
Accompaniments	Garlic bread	Diced potato	Roast potatoes	Sweet potato wedges	Fries
Vegetables	Mixed salad	Cucumber and red pepper strips	Peas and green beans	Sweetcorn and coleslaw	Baked beans and mushy peas
Dessert	Homemade chocolate brownie	Lime jelly	Banana flapjack	Pineapple pot	Oat and raisin cookie

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